

Dear Dr. \_\_\_\_\_,

Our mutual patient, \_\_\_\_\_, has been diagnosed with periodontal disease. Periodontal disease is a chronic, non-curable bacterial infection and it is usually asymptomatic. A large body of research indicates an association between periodontal disease and a variety of systemic conditions including diabetes, cardiovascular disease, pre-term low birth weight infants, kidney disease, and even some types of cancer.

We are writing to you because our mutual patient has given us a health history that includes:

- Diabetes mellitus (DM)
- Cardiovascular disease
- Current pregnancy
- Kidney disease
- Pulmonary disease

An especially strong connection between periodontal disease and DM has been established. Active periodontal infection has been shown to contribute to uncontrolled diabetes. If there are any changes to our mutual patient's health, HbA1C level, or medications, please keep our office informed.

We have recommended appropriate treatment to stop the progression of \_\_\_\_\_'s periodontal disease and eliminate active infection.

If you would like additional information on the links between the periodontal disease and any of the above systemic diseases, please call our office for a list of relevant articles.

Best regards,